

MOUNT SINAI HOSPITAL OF QUEENS

Protect Against Flu



It's not too late to get a flu shot!

Anyone who wants to reduce their chances of getting the flu can be vaccinated.

Mount Sinai Queens Physician Associates is pleased to offer flu shots at our offices conveniently located at:

27-15 30th Avenue
Long Island City, NY

To schedule an appointment, call 718.932.0007.

Don't delay. Call today.

Get The Flu Vaccine

Flu is a major cause of illness and death in the U.S. and leads on average to approximately 20,000 deaths and 110,000 hospitalizations each year.

The best way to protect against the flu is to get vaccinated each year. October or November is the best time to get the flu vaccine, but shots can be taken at any time during the flu season. It takes one to two weeks after receiving the shot for a person to develop protective resistance to the flu.

Anyone who wants to reduce their chances of getting the flu can be vaccinated. However, the vaccine is highly recommended for people at high risk of having serious flu complications—including children 6 months to 5 years, pregnant women, people 50 years of age and older, people living in long term care facilities, and people of any age with certain chronic medical conditions—including long-term heart and lung problems, kidney disease, cystic fibrosis, diabetes, anemia, severe asthma, cancer or immunological disorders and other medical conditions for which you are under close supervision of a doctor. In addition, caregivers and healthcare workers should get vaccinated.



The Mount Sinai
Hospital
of Queens

A Division of The Mount Sinai Hospital

*Get
Healthy
Queens!™*

FOR A PHYSICIAN REFERRAL, CALL: 1.800.YOUR.MDS OR VISIT: WWW.MSHQ.ORG