

# New York Center for Rehabilitation & Nursing



## *Recover In Style*

Enjoy state-of-the-art therapy and care and get the help you need. Delight in the designer decor, indulge in the lovely rooftop garden. It is the ultimate healing experience!

## *Trust Our Experienced Staff*

Your recovery is our concern. That's why we hired an outstanding staff of physical, occupational and speech therapists, doctors, nurses and specialists. Our devoted staff will supervise your care 24/7.

## *Enjoy Care Free Dining*

Don't worry about meals. We will cater your meals to your doctor's specifications, your dietary restrictions and your cultural preferences.

## *Count On Us To Help You*

Admission to discharge, our certified social workers will assist you and when you are ready to return to independent living, we will smooth the transition, arranging home care and the assistance you need to get better.

## *Rehabilitation Services*

At New York Center, rehabilitation encompasses physical, occupational and speech/language therapies. Each resident is professionally evaluated and a plan developed to obtain the highest level of physical well being.

## *Medical Services*

Each resident is under the direct care of a physician. Our physicians have years of geriatric experience and are available and accessible. We arrange for most specialists to see residents within the facility.

## *Recreation Therapy*

Our creative recreation therapists provide stimulation for a multicultural population. These include entertainment, social groups, holiday specials, community outings and religious services.

## *Nutrition*

Food preferences play an important role. Many individuals benefit from a therapeutic diet based upon their medical status. A registered dietitian, under the direction of the physician, develops menus to meet the specific dietary needs of each resident.

## *Social Services*

The Social Services Department provides a full range of services to all residents and their families. Supportive counseling and referrals to services within the facility and the community will be arranged. Assistance with Medicare/Medicaid applications is available.

An ultra-modern deluxe 280 bed facility providing high quality skilled nursing and rehabilitative care.

Our interdisciplinary approach to care focuses on respecting residents' rights by helping each resident reach their highest practicable level of functioning and quality of life.

- Experienced medical staff
- Day and night registered nurses
- Full range of therapy options
- Physical therapy
- Occupational therapy
- Speech therapy
- Restorative program; facilitating recovery
- Private and semi-private rooms
- Beauty and Barber shop on premises
- Telephone and cable television in every room
- Recreational and cultural activities



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